

Stay with Us And Walk 49 Miles Of The Pembrokeshire National Park Coastal Path

Walk 49 Miles Between St Dogmaels & Trefin

Saturday	Tuesday	Thursday	Friday
Check In 4pm	Catch Poppit Rocket Bus to Lower Fishguard	Catch Poppit Rocket Bus to Fishguard	Catch Poppit Rocket Bus to Fishguard
	Walk 12 miles Fishguard – Newport	Catch Strumble Shuttle Bus to Pwll Deri	Catch Strumble Shuttle Bus to Trefin
Sunday	Catch Poppit Rocket Bus at Parrog Car Park	Walk 11 miles Pwll Deri to Fishguard	Walk 10 miles Trefin – Pwll Deri
Catch Poppit Rocket Bus to The Moorings St Dogmaels	back to Cwm Connell Coastal Cottages	Catch Poppit Rocket Bus in Fishguard	Catch Strumble Shuttle Bus to Newport
		back to Cwm Connell Coastal Cottages	Call Cwm Connell Collect Service
Walk 8 miles St Dogmaels – Cwm Connell @			
Ceibwr	Wednesday		
	Day of Rest	For a shorter walk	
	Day of Kest	Get off the Strumble Shuttle Bus at Strumble Head	
Monday		Well O with Or which the de Fisher ed	
Catch Poppit Rocket Bus to Newport		Walk 8 miles Strumble Head – Fishguard	
Walk 8 miles Newport – Cwm Connell @ Ceibwr			

* The Poppit Rocket Bus stops at the entrance to Cwm Connell Coastal Cottages and runs daily from May to September
From October to April the Poppit Rocket Bus only operates on Thursday and Saturday.
We can offer you a pick up &/or collect service enabling you to walk the path in Winter months.
If you would like to know more about this service, please contact us directly.